



# The Good Student Tool



*A free, anonymous mental health check-in designed to help schools and colleges identify student distress earlier and connect students with support.*

The Good Student Tool helps schools and colleges identify and support student mental health at scale without adding burden to existing resources. It provides students with a brief, anonymous check-in that delivers immediate, personalized feedback and connects them to relevant support. Free for schools and colleges across the United States and internationally. The Good Student is a registered 501(c)(3) nonprofit.

## **Quick, Immediate, Personalized.**

- 10 to 15 minute anonymous check-in, accessible on any device.
- Students receive instant, personalized feedback and curated resources, which can be adapted to local services and community needs.
- Fully anonymous. No personally identifiable information is collected or stored.
- 91 to 100% of students would recommend the Tool.

## **Science-Based.**

- Includes validated measures of psychological distress, social support, mindset, and belonging.
- Presented at APA conventions and featured in ACT's Mental Health Awareness Month webinar.
- Research shared with federal legislators in support of student mental health prevention policy.

## **Easy to Implement.**

- No technical integration required. Students access via a simple link.
- Delivered via Qualtrics, a secure, university-grade survey platform.
- Can be embedded into orientation, counseling services, or school websites.

**Available in English, Spanish, and Chinese.** Additional languages coming May 2026.

*"This information helped me a lot."*

— Zach P., High School Junior

*"We used their Tool across our entire high school. It was very successful. We highly recommend working with them to incorporate their Tool into your school or college."*

— Jill Roberts, Chief Student Experience Officer, Upper School Director, Miami Country Day School